



Welcome! Shepherd's Bag Ministry™ Evangelism Teams

You are about to embark on one of the most exciting and rewarding experiences of your life. Prepare to experience a totally different culture and see some possibly strange, but wonderful, places that look very different from where you live. We hope and pray that you look beyond the physical need that many have and will be deeply touched by their spiritual needs. Although poor and impoverished, their spiritual need is what is most important. Just like you and me, having a personal relationship with Christ is the greatest of needs.

EIM's Shepherd's Bag Ministry™ Distribution Teams mission trips have been designed for those with a heart for overseas ministry and a desire to reach those who have never heard the Gospel or who have not heard the real truth of the Gospel. Are you prayerfully prepared to give up many comforts you are used to and be willing to: work outside all day without A/C in high heat and humidity, walk in dirty, rocky streets strewn with litter, walking up mountains, knowing that you may have to use a dirty outdoor restroom? To ignore any dirty/poor conditions you may find yourself in, to refrain from comment knowing that it could hurt and offend your Honduran hosts who may not understand English but can understand facial expressions and attitudes, to love a dirty child, to sweat A LOT? If you are willing to consider such things as these an honor to know that you are giving out the truth of the Gospel, then overseas ministry is for you! God does not call everyone to this kind of ministry. You have to understand that this isn't a vacation but a chance for you to minister.

It is with enthusiasm and anticipation this team manual has been prepared to help you experience an exciting, fulfilling, and fun mission trip. Please read this manual carefully as it contains important team and travel information. It's important that you stay in contact with the person in charge of assembling your team. We will make every effort to keep them informed with the latest updates concerning your particular team. You may also contact us at EIM and we'll be happy to answer any questions you may have. The manual if read thoroughly will answer most questions.

Reaching the World for Christ...One bag at a time!



Shepherd's Bag Ministry™ Distribution Team Manual

Cancellation Policy: It's important for all team members to understand that if for any reason EIM feels the team's safety could be in jeopardy when traveling overseas, they reserve the right to cancel the trip. This would be done only after thoroughly investigating the situation with our overseas directors. There is always risk involved when traveling overseas that is beyond anyone's control, and we are not responsible for any expenses lost due to the cancellation. Our team's safety is our top priority. Every effort will be made to reschedule a cancelled trip, but there is no guarantee. We hope and pray we never have to cancel a trip.

Demographics of Honduras

****Located in Central America***

****Population: 7.6 million***

****Roman Catholic 97%***

****Protestant 3%***

****Second poorest country in Central America***

****In 1998, an estimated 8,000 children lived on the streets of the capital alone, most HIV positive***

Length of Trip: 5 days (MOST trips M-F)

Cost: \$1,600-\$1,800 *Price will be confirmed based upon projected airline prices/transportation

Ministry Schedule:

- **Weekdays:** Travel to four schools per day handing out Shepherd's Bag Ministry™. (Two in morning/lunch/two in afternoon). Spend time at each school with children. At each school a team member may have the opportunity to present a simple Gospel. However, you do not have to. (See Acts 1:8)
- **Sunday:** Attend church service (usually at night), hand out bags to two schools. (NOTE: We are not usually there on Sundays for SB Trips)

Note: If our schedule allows, you will be given the opportunity to do souvenir shopping during the week. If because of time restraints we are unable to shop in the local shops, souvenir shopping is available at the airport.

At each school we go to, please interact with the children. While you won't speak the same language, it's very easy to help them open their bags and look at the contents. You can throw balls, toss Frisbees, play patty-cake, play games, smile, etc. By doing so you will show them that you truly do love them and they were worthy of your time. It makes them feel very special and softens their hearts to Christ.

Manuel Lepe, our EIM Director in Honduras and his wife Mayra will handle the in-country logistics for the teams. He arranges the location & details for all distribution and secures translators if needed. Remember the Holy Spirit will teach through you and He will send His message where He wants it to go. His convicting Spirit, a loving heart, a genuine smile and hug can bridge any language barrier!

Covered & Non-Covered Expenses:

Covered Expenses: The fee quoted for teams include:

*Airline tickets, ground transportation, travel insurance and all meals and lodging while in Honduras during the five mission days.

*Your airline ticket will **not** be reserved until EIM receives two photocopies of a valid passport or you've applied for one. (NOTE: Passport must not expire within six months of our arrival as many times they will not let you into the country) and we have your funds. No airline ticket will be purchased until the full amount of your trip expense fee is paid in full. Having to make a ticket change is time consuming and costly. By having your passport in hand assures us we have the correct information. If a mistake is made, it is ours not yours.

Non-Covered Expenses: Meals traveling to/from Honduras, checked luggage fee, room service/laundry fees at the hotel if any, recreation tours if any, shopping/souvenirs, & any emergency cash. Note: There is always the chance there could be a long layover when you are traveling (the airlines are not responsible for weather related delays), so remember to have some emergency money with you at all times to cover food/hotel if we have an unexpected delay either in the states or in Honduras. Items purchased in airports can be expensive. EIM does not assume costs beyond the Covered Expenses listed above.

**Tip: Keep your emergency money and your cash set aside for traveling home separate from your other spending money then you will have it when ready for departure.

*****NOTE: Since EIM is a 501 C3 Non-Profit mission agency, all money given to pay for your mission trip is non-refundable if you cancel for any reason*****

Payment of fees, Required information to go, & EIM address

ALL PAYMENTS/REQUIRED INFORMATION DUE: *Note: If going with a church group, your church may make one payment to cover all team members from their church. Due dates will be furnished by EIM for your particular trip.

Trip Fee, two passport copies and required documents.

- **REQUIRED DOCUMENTS:** Two passport photocopies, EIM medical release, EIM release of liability and if under 18, a minor release form.

MAIL PAYMENTS AND REQUIRED DOCUMENTS TO:

Evangelistic International Ministries

Attn: Fonda

P. O. Box 925

Warren, AR 71671

Memo on check: Name of team member/date of Shepherd's Bag Trip

For any questions you may have, feel free to contact Rocky Goodwin or Fonda Norris

Rocky Goodwin at rgoodwin@eimworldwide.org or Fonda Norris at fnorris@eimworldwide.org or 870-226-3626 EIM Warren Office

Travel Information & Tips:

- **Minors:** Anyone under 18 years of age must be accompanied on the trip by a parent or legal guardian. There will not be any exceptions to this rule.
- **Passport Information:** A valid passport is required. Passports are good for 10 years for those 18 yrs. & above. If you have a current passport, check your expiration date. ***Honduras is one of the Central American countries that have consistently required six months of validity.*** In other words, if your passport is within six months of expiring, you WILL NOT be allowed in the country. CHECK YOUR EXPIRATION DATE AND MAKE SURE THAT YOU HAVE MORE THAN SIX MONTHS LEFT BEFORE IT EXPIRES!! Have your passport available when you check in at the airport. After check-in, place it on your person. Passports have been lost in transit, so **know** where your passport is at all times. Signature on passport must be in ink with your full name.
- **Keep a photocopy of your passport in your carry-on and in your checked luggage.** You should also leave a photocopy with your family.
- **Keep your passport with you at all times:** After you get to Honduras, it's helpful to place your passport and money in a Ziploc bag (to prevent sweat moisture from getting on your passport) and keep it in a travel wallet/security belt all week. They are available in many styles. You can find those that belt around your waist ("fanny pack") or those that tie around your neck and can be tucked inside your shirt. This is a good way to keep it out of sight and on your person. **When going out for the day or your hotel room, have your passport on you. NEVER leave it behind.**
- **Airline & Luggage Information:** The weight limit for checked bags is 50 pounds and 62 linear inches per each piece. Weigh your luggage **before leaving home** to make sure it meets these guidelines. This will keep us from running into any unnecessary delays. **You are allowed two carry-on-ones.** 1) One that will go into overhead storage with a weight limit of 20 pounds and the 2) other can be a purse, backpack, or laptop that can be kept under your feet. Place a change of clothing in your ****carry-on bag** in case your luggage is delayed or lost. If possible have carry-ons that have wheels or a backpack. Sometimes there can be long walks and long lines. It makes it much easier when you don't have luggage to tote. **Whatever luggage you bring, you will be responsible to carry it through the airport.**
- ****Important:** Some of the items you **cannot** put in your **carry-on** luggage are: **no sharp objects (tweezers, scissors, razors, tools, etc.) medicines not in the original container, large-sized toiletries, large jars of snacks such as peanut butter and unmarked containers with liquids.** We advise you to check for carry-on restrictions with the airlines before packing as they can change quite often.
- *****Any toiletries that are carried on the plane in your carry-on MUST be: travel size and all fit into only ONE quart size clear Ziploc bag. Airlines are getting stricter about this policy.** *** You can bring more, but they will have to be in your checked luggage.

- Always keep all documents you are given while flying (boarding passes, luggage tags, etc.) even if you think you no longer need them. You will have to show your luggage tag you were given when you were ticketed to leave the airport with your suitcase.
- Consider footwear that is easy to get off and on for security check purposes. If at all possible avoid shoes/boots with laces. (If wearing lace tennis shoes, you might keep them loose enough to slip on and off quickly.) We want to get through security as quickly as possible.
- On the plane you will receive a customs form asking for your address. We will provide the address. Please write the address down and keep it and a pen with you on the plane to fill out any necessary forms while traveling. Upon arrival, we will proceed to customs, then to baggage claim.
- When passing through immigrations and customs, it is better to **not** offer any unsolicited information. Only answer the questions you are asked as simply as you can. If you are ever pulled aside in customs, there is no reason to panic or get nervous. It is routine to randomly pull aside someone for a more thorough search of your person or your luggage. We will all wait for you together in a group just outside of customs.
- Put your identification (name/address/phone) on the outside of your luggage. **The team will tag their luggage with lime green duct tape.** (Or another color just make it same for entire team.) Mark it before leaving home. Things can get hectic at baggage claim, but with everyone's luggage "tagged" the same way helps get luggage off the belt and distributed quicker. Please keep the entire team together as you proceed through customs. It is can be a long wait standing and moving through customs, so consider carry-on luggage with wheels and comfortable footwear.
- **Handle your OWN luggage. Do not allow anyone at the airport to handle your luggage, do not tip anyone & do not exchange money at the airport.**
- The drive from San Pedro Sula to our destination can be a long drive. There might not be clean restroom stops along the way so use the restroom at the restaurant in SPS.

Coming Back through Customs in the U.S. (Houston, Atlanta, Miami & Dallas – most common)

- Forms: When filling out forms to come back to the states, write "no" to all questions on your Declaration page. You do not want to "declare" any of the kinds of souvenirs we buy. Write "0" on value of items to be declared even if you spent several hundred dollars. The touristy items we buy are "duty free."
- Airport Customs Questions: If you are asked questions such as: "Are you bringing back any food, fruit/vegetables, etc. back", "Have you been around any farm animals," "Are you bringing back any exotic leathers/goods, etc." The answer is "NO." The kinds of items we buy in Honduras and in the San Pedro Sula airport are NOT the kinds of goods they are referring to.

Travel Insurance: We now provide short term travel insurance for each team member. NOTE: It does NOT cover the loss of your airline ticket if you cancel BEFORE you go.

Lodging & Meals:

Lodging: Teams will stay in hotels. If other arrangements are made, you will be notified. They will have A/C and hot showers. Washcloths are not always provided in hotels so you might consider packing those just in case and a couple of extra towels. Most hotels will have wi-fi but there is no guarantee. We will make every effort to find out pertinent hotel information for each team and provide that to you. **You do NOT need adapters in Honduras. The voltage is the same as the US.

Meals: The restaurants we eat at will be safe. However, always use caution when eating overseas. When in doubt, ask one of our national workers. Some examples: Always drink bottled drinks/water only, no ice. Never eat fruit that can't be peeled, no raw vegetables and never eat salad (i.e. lettuce, tomatoes, etc.)

Some teams may have to pack their lunches depending on the distance we're traveling from our lodging to distribution area. In those cases, lunch supplies/snacks will be provided for the team to make their lunch for the day. Snacks are bought and taken out with us each day for the team. (cookies/chips, etc.) If you have dietary restrictions and need specialty items (gluten free/sugar free, etc.) you need to bring that from home as it is not readily available in Honduras. We do have Diet coke however.

Note on local food: On occasion, we may be provided some meals cooked for us in the area we are serving. Our EIM Directors will tell if you if it is safe to eat. In many countries and cultures it is offensive when guests refuse food the host has prepared, so we ask you to please TRY what is offered to you. Some may love the local cuisine, and others may not but we do not want to offend anyone especially those who have taken the time to prepare us a meal. If you don't think you are going to like the local food or you are not hungry, you don't have to eat. But make sure you have enough snacks to get you through the trip. If you refuse, do it with a gracious spirit and watch your facial expressions.

You are welcome to bring your favorite snacks/comfort food for yourself and to share with the group.

Money & Valuables:

**Bring Cash (No traveler's checks), keep your purse/backpack with you at all times, and never leave it unattended. Keep your passport and extra cash in a travel wallet in order to have it on you at all times. Be discreet when getting cash out. Never flash money around. Leave all your expensive jewelry (i.e. diamond rings and earrings, tennis bracelets, and other precious stones) at home except for an inexpensive watch. Although we suggest you leave ALL your jewelry at home, small weddings bands and stud-type earrings (no diamond studs) are allowed. Expensive jewelry can draw unwanted attention.

NO exchanging of money at the airport! Most vendors in Honduras will take dollars. However, if you desire to exchange money, we will take care of getting the money exchanged for you. U.S. bills can have no marks, smudges, excessively worn areas or tears. They will refuse to tender any such bills, so inspect your bills carefully before you bring them. No bills larger than a \$20. Lempira's cannot be exchanged back into US dollars, so think about how much money you want to spend ahead of time so you don't have a large sum of lempira's left over at the end of the trip. A credit card can be used in American airports/hotels, etc. but we advise not using them overseas.

Packing/Personal Needs Information:

We have added a sample packing list (see page 9) for your convenience – **This is a sample list only. You will need many items on this list; however, there are some you may not need.** It was designed to be used only as a guide to help you. If anything special is needed for your team, we will inform you. It is located at the end of the manual.

If you do not carry a backpack/fanny pack on the plane, then plan to pack one in your luggage. Each day, you will need to pack personal items such as mosquito repellant, toilet tissue, sanitary/personal wipes, antibacterial wipes/liquid, sunscreen, first aid, etc. There may also be days you will have to pack a lunch in your backpack as well. Sometimes we spend the entire day away from our hotel.

Clothing Guidelines:

We ask that you be discreet, very modest, and respectful in your dress. NO short shorts, no yoga pants unless you wear a longer top, no spaghetti strap tops, etc. It's not a good idea to wear clothing that looks military such as camouflage and be cautious about clothing with American flags on them. You never know where there might be anti-American sentiment. Keep in mind while packing that some clothing and shoes could get very dirty so avoid packing your "nice" things. Wear comfortable shoes as we sometimes have to walk in very rough terrain. If we attend a Sunday worship service, EIM prefers you to not wear shorts for any worship service. We will discuss clothing restrictions with each team before hand.

Please read the following cautions:

Good Rule to Remember: You are not in the "Witness Protection Program". Please follow all caution guidelines.

Caution: We must use extra precautionary measures in a foreign country. ALWAYS stay together. No one is allowed to walk off from the hotel/lodging, even in a group. Refrain from any travel after dark, if possible. Minors need to be accompanied by adults. While we have always been safe, we will not take any risks. Do **not** give out your personal address or addresses of other team members. While in other countries, only use bottled water.

Overseas Travel Health Tips

We want you to stay as healthy as possible on the trip, so that you can maximize your energies for sharing the Gospel and ministry. To prevent possible health risks overseas, we advise the following steps. These precautions might prevent some common problems frequently associated with overseas travel.

*It is strongly advised that your tetanus shot be current. If it's been over 8+ years or you can't remember it's a good idea to get one. Consult your physician.

*FOOD/WATER GUIDELINES: **Don't drink the water, unless it has been boiled (coffee or tea),** or comes from a source you are absolutely sure has been purified. Drink bottled drinks/water instead of iced. If you can peel it, you can eat it. It's not advisable to eat any fresh fruit that you didn't peel or any lettuce.

Politely turn down salads, sandwiches with lettuce, or other foods where the ingredients have not been boiled or peeled. Make sure your plates, cups, and eating utensils are dry before using them. Bottled soft drinks, hot coffee, and hot tea are safe beverages. Drinks containing ice that has not been purified are not safe to drink. When in doubt whether to eat or drink, ASK.

*Bring strong mosquito repellent and always wear it! Avoid wearing perfume and cologne which can attract insects. Malaria/dengue fever is always a very real danger.

*Brush your teeth and rinse your toothbrush **in bottled water, not tap water from the sink.**

*Pepto-Bismol Regimen: We have found the following to be helpful in preventing minor bacterial problems in the stomach which tends to be the most common problem. Start a regiment of Pepto-Bismol (2 tablets 2-4x daily) two days before departure to coat your stomach against minor bacterial problems. Continue to take 2 tablets 2-4 times daily while overseas, continuing two-three days after returning. Consult your doctor to determine if this is advisable for you. You DO NOT have to do this! It's only a suggestion based upon information we've looked at.

*Wear close toed shoes such as tennis shoes when out of your room. You can wear sandals indoors but never go barefoot. Shower shoes or flip flops for use in showers is wise.

*Wash hands as often as possible with clean water & use hand sanitizer or wipes frequently. Keep hand sanitizer in your backpack.

*Consider consulting your physician or local health department regarding the above recommendations and ask what is best for you, as well as letting your physician know what country you'll be traveling to if you have health issues that might warrant extra precautions.

Summary & Closing:

For each mission trip you will be given itineraries and plans for the trip. However, we'd like to leave you with two thoughts. **First**, in spite of all efforts to be organized and have everything go according to plan, sometimes things happen and our plans may change. The joke at EIM is "if you're not willing to be flexible and work closely in less than ideal circumstances, then foreign missionary work is not going to be your cup of tea." Be ready to roll with the flow, don't take yourself too seriously and laugh along the way! God has it all under control.

Two Words about Teamwork and Team Spirit...BE FLEXIBLE!! ***Serving God is an Adventure! See it as such!***

We at EIM prayerfully work to have things well organized and well planned. However, one of the realities of ministering in another country is that things don't always go according to plan.

Because we are not at "home", there are many factors beyond our control. Things will not always go the way we have planned or the way you expect. It may be best to "expect the unexpected." When these things happen, we have to adapt. This is part of the challenge and excitement of a cross-cultural mission trip. Each of us must remain flexible to handle the difficulties our Lord allows us to encounter.

Second, and most importantly, is to bathe your mission trip in prayer. From the moment you feel lead to go to the moment until you step back on American soil, pray, pray, pray. Keep the “Pray for the Mission Trip” (page 10) handy. It was designed for you to print should you desire to prompt you to pray for the different areas of spiritual warfare that we will be battling. Give copies to your church, family and friends to remind them to pray for you and your team.

Bless you as you begin the exciting journey of being a part of an EIM Shepherd’s Bag Ministry™ Evangelism Team!

Rocky Goodwin, Founder & Director of EIM

Fonda Norris, EIM Mission Team & Shepherd’s Bag Ministry™ Coordinator

SAMPLE PACKING LIST

Clothing

Sunday Church Service:

Pants for men. Ladies can wear pants, skirts or dresses. **NO** shorts for any church service

All Other Days

Slacks/jeans

Capri's/long shorts

T-shirts/loose shirts

(Clothing for OBS days will get dirty!)

Light jacket

2 pair walking shoes (1 pair you don't mind getting wet/dirty)

Shower shoes/flip flops

Sleepwear

Underwear

Sunglasses

Hat or Belt if needed

Money pouch/travel wallet

Toiletries (Travel size)

Shampoo/conditioner

Hairspray/Hair dryer

Soap

Deodorant

Toothbrush/toothpaste

Kleenex

Sunscreen

Moistened hand wipes

LOTS of antibacterial wipes

LOTS of hand sanitizer

Feminine sanitary/cleansing

Makeup if desired

Shaving cream/razor

Glasses

Contact lenses/solutions

Insect repellent

Medicines

*Prescription Drugs

(In original containers – pack in carry-on)

Tylenol, etc.

Aspirin

Eyedrops

Pepto-bismol

Anti-diarrhea medicines

Laxative

Lip balm with sunscreen

Cough Drops

Band-aids

Antibacterial cream

*If your prescription meds are absolute necessities, please pack extra and keep in a separate place in case of lost luggage.

“Tools”

Bibles

Ministry Materials

Pens & Pencils

Back pack/tote bag/fanny pack

Bilingual dictionary/electronic translator or app for phones

U.S. Map to show where you live to nationals/students

Family Photos to show to your students

Miniature flashlight

Alarm clock

Sewing kit if needed

Camera (extra batteries)

Camcorder if desired

Ziploc bags (for packing liquids)

Extra plastic bags for souvenirs

Extra batteries

Umbrella

Snacks

Gum/candy

Crackers

Granola bars

Nuts

Any snacks you would like for the week and to share with the group

Documents/Information

Passport

Flight Itinerary

Emergency Information

Credit Card (if you desire one for emergencies for use in USA)

Cell phone # of team members

Spending money (Don't forget extra for meals traveling or emergency for extended layovers, etc.)

Things to consider before leaving (as they apply)

Leave copies of itinerary, passport and emergency information left for family.

Stop mail

Stop papers

Turn unneeded appliances off

PRAYER SHEET FOR PRINTING

Pray for the Mission Trip

The Lord

Awe of God the Father and for hearts that love Him fully
Being filled with the Holy Spirit
Being in Unity as a Team in our love for the Father, Each Other and People of Honduras

The Lost

That God would SAVE them (John 3:16)
That God would open the eyes of their understanding (Ephesians 4:18)
That God would remove the veil that Satan has over them (2 Corinthians 4:3-4)
That God would make them alive (Ephesians 2:1-5)
That God would tear down the spiritual strongholds in their life (2 Corinthians 10:3-5)
That God would draw them to Himself (John 6:44)
That God would convict them of sin, righteousness, and judgment (John 16:8-11)
That God would give them repentance (Acts 20:21)
That God would give them faith (Ephesians 2:8-9)
That they would call upon the name of the Lord (Romans 10:13)

The Logistics

Travel & Lodging
Getting through customs

The Lion that Devours

Victory over Satan
Satanic strongholds will fall

EMERGENCY/CONTACT INFORMATION

Note: EIM will provide each team member the ability to call to inform a family member or friend that they have arrived should you need it. Most cell phones have the capacity to add international texting/calling which is a great option to have.

Option: Download WhatsApp – which allows you to call/text free overseas back to USA. And other party that has WhatsApp in USA to call/text your phone.

Telephone Numbers in Honduras:

****See below for the procedure for emergency contact.**

Manual Lepe, EIM Honduran Director

Home: 011-504-608-0616

Cell: 011-504-9966-6039

****In case of emergency: Team Members having cell phones that have the capability to receive calls/texts overseas may want to consider leaving them on 24/7 for contact from home.**

EIM team leaders will provide their phone numbers and hotel information before departure.

Bro. Rocky Goodwin – 870-820-1598

Fonda Norris – 870-820-1773

IMPORTANT! Please leave a copy of this information along with a copy of your passport for family and friends in case of emergency.

Other Contact Numbers:

In the U.S.

EIM Warren Office	870-226-3626
EIM Magnolia Office	870-234-5319
Mike Goodwin, EIM President	870-904-2091
National Passport Information Center	877-487-2778
Lost/Stolen Passports	877-487-2778

Assistance for U.S. Citizens

U.S. Embassy Tegucigalpa

Avenida La Paz

Tegucigalpa M.D.C.

Honduras

Telephone

+(504) 2236-9320 or +(504) 2238-5114

Emergency

+(504) 2238-5114 or +(504) 2236-9320, extension 4100

Fax

+(504) 2238-4357

Email

USAHonduras@state.gov

Website

[U.S. Embassy Tegucigalpa](http://U.S.EmbassyTegucigalpa)

Outside the U.S.

Overseas Citizens Services

202-501-4444

Nearest U.S. Embassy/Consulate http://travel.state.gov/travel/tips/embassies/embassies_1214.html